



Walking Club

SCIT & SECR Employee

SCIT & SECR Employee

Walking Club

12-1 p.m. | SECR

April 2018

Week 1

- Apr 2*
- Apr 4*

Week 3

- Apr 16**
- Apr 18**

Week 5

- Apr 30*
- May 2*

Week 2

- Apr 9**
- Apr 11**

Week 4

- Apr 23*
- Apr 25*

**Indicates walking in SECR Entertainment Hall.*

***Indicates walking in SECR front hallway or outside.*

Lets Get Moving!

All employees and Tribal Members can

**Walk at Morey Courts
anytime for free!**

For more information, please contact:



Good Health, Great Life

Toni Smith

Wellness Coordinator

• Phone: 989.775.5624

• Email: TSmith@sagchip.org



Saginaw Chippewa Indian Tribe of Michigan

"Working Together for Our Future"

7070 E. Broadway
Mount Pleasant, MI 48858
989-775-4000
www.sagchip.org